



Annapurna Base Camp Trek - 10 days - \$290/Person

Trip Info

Trip Code: WHT/NT-01

Grade: Moderate

Maximum Elevation: 4,130M.

Minimum: 2 Person(s)

Type: Trekking/Hiking

Activity: Hiking and Camping

Starts at: Pokhara

Ends at: Pokhara

Trip Route: Pokhara-Ghandruk-Chhomrong-Bamboo-Deurali-Annapurna base Camp

Best Season: Autumn & Spring

Accommodation: Not Included

Meal: Not Included

Annapurna base camp trek is an amazing walk through diverse landscape and culture complete with rich mountain vistas, terraced fields, quaint Gurung villages and a wide variety of flora and fauna. Mt. Annapurna (8091m) of Nepal is the 10th highest mountain in the world and the journey to its base camp, which is at 4130m/13549ft height, is one of the most popular walks on earth. Moreover, we reach our destination via Mt. Machapuchhre (Fishtail) which is revered by the Nepalese for its unique beauty. Furthermore, thanks to the well-groomed itinerary of the Annapurna Base Camp trekking package, it is a popular choice among diverse outdoor enthusiasts, from a solo female traveler to hikers travelling in groups to Nepal.

Our Annapurna Base Camp Trek has a short, 11-day itinerary compared to most walks in this region leading up to the base camp. The particular route is designed for globetrotters who wish to hike to the base camp of the spectacular mountain but are restricted time-wise.

Itinerary

Day 1 - Arrival in Kathmandu (1,300m/4,264ft)

After arriving in Kathmandu, a representative from White Himalayas Treks will pick us up from the airport and take us to our hotel. In the afternoon, For dinner, you will be served authentic Nepalese cuisine which will introduce you to the country's food culture. Overnight in Kathmandu.

Day 2 - Fly to Pokhara & Drive to Phedi and hike to Tolka (1750m), 5-6 hrs walk.

We take an early morning flight to Pokhara, the beautiful lake city and catch great views of the Himalayas from the right side of our airplane. the journey begins with combination of witnessing the local culture and tradition and great mountain panorama. Our guide will pick you from your hotel at Pokhara and drive to Phedi car/cab, then trek through beautiful village Dhampus – Pothana and trek to Tolka for overnight stay.

Day 3 - Trek to Sinuwa (Altitude 2100m) – 5-7 hours walk

Trekking from Tolka to Sinuwa (2310m) is today's plan that takes some 7 hours hike. It is a pleasing trail for the beginning and then gradual down to Modi Khola after Landruk then cross impressive and big suspension bridge at Jhinu Danda then steep climb up to Chhomrong, Chhomring is another grand Gurung village. From this village, you will trek down to the river and will climb again to Sinuwa. If the weather is pleasant, you will enjoy nice stunning Mountain vista, overnight at Lodge.

Day 4 - Trek to Deurali (Altitude 3230m) 6-7 hrs walk.

We have a silence jungle walk today to Himalaya from Dovan. It is believed that mountains are sacred and holy. As it is already believed that Annapurna means "full of food" (feminine form), but is normally translated as Goddess of the Harvests. In Hinduism, Annapurna is "... the universal and timeless kitchen-goddess ... the mother who feeds. Without her there is starvation and a universal fear. Her most popular shrine is located in Kashi, on the banks of the river Ganga." Her association with the giving of food (wealth) led her in time to be transformed into Lakshmi, the Goddess of Wealth so from the religious view it is important to respect the Mother Nature, create peaceful and calm surroundings. Stay overnight at lodge.

Day 5 - Trek to ABC (Annapurna Base Camp) Elevation 4130m, walk 5-6 hrs.

Above Deurali the valley widens and becomes less steep. After walking some stone staircase we reach at the place where some people were killed by avalanche a decade ago. We should not stop in this possible dangerous place for long time. This place is warned of avalanche so continue trek ahead with aware until you get to safe place. As you walk further, more beautiful White Mountains are seen and close. The trail turns to the left in the valley after Machhapuchhre Base Camp and it is pleasant walk up ABC though the air is thinner now. You may feel at the high altitude now. It is recommended not rush and walk gently. Now you can see the one of best 360° degree Mountain View in world from Base Camp. There are tremendous views of giant Annapurna I 8091m, Annapurna South 7219m, Machhapuchhre (Mt. Fishtail) 6997m and several other wonderful peaks. Stay overnight at lodge.

Day 6 - Trek down to Dovan – Bamboo (2310m). 6-7 hrs walk.

After enjoying Brilliant Mountain view and taking hot cup of tea or coffee we take hot breakfast and trek down to Dovan or Bamboo via MBC, Deurali and Himalaya. We take tea and lunch break on the way. Stay overnight at lodge.

Day 7 - Trek to Ghandruk (1940m), 7-8 hours walk.

From Bamboo we walk up during 30 minute and it is pleasant jungle walk to Sinuwa then head down to Chhumrung Khola and walk up long stone staircase up upper Chhomrung then walk toward komrong khola and up to a small pass called Komrong Danda and then some 30 minutes walk to Ghandruk. Overnight in lodge.

Day 8 - Drive to Pokhara / Kathmandu.

After breakfast we trek to Siwai that takes about 1 hours walk then we drive to Pokhara by local sharing jeep / bus as per your choice. After about 3 to 4 hours drive we reach in Pokhara. And you are choice to take flight to Kathmandu or drive depending on your time. Stay in hotel in Pokhara.

Day 9 - Fly or drive to Kathmandu

We fly to Kathmandu in the afternoon. After arriving in Kathmandu, we will be escorted to our hotel. We enjoy the day leisurely or catch up on some last minute shopping or explore any landmarks we missed during our first day in Kathmandu. To celebrate the successful completion of our journey, we will have a farewell dinner in the evening. Overnight in Kathmandu.



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Day 10 - Final departure

Our journey in Nepal comes to an end today! A Himalayan Glacier representative will drop us off at the airport approximately 3 hours before our scheduled flight. On our way to home, we have plenty of time to plan our next adventure in the wonderful country of Nepal.



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Cost Includes

- An experienced, English-speaking and government-licensed trek Guide
- Insurance of Guide
- All food during the Trek for Guide
- Annapurna Conservation fee & Tims Card Permit
- Car for arrival & Departure

Cost Excludes

- Hotels in Kathmandu
- All meals (breakfast, lunch and dinner) during the trek
- Porter service (If Need Porter pay 30\$ Perday Per Person)
- Nepalese visa fee & International airfare to and from Kathmandu
- Your Private insurance
- Tips for guide(s), porter(s) and driver(s)
- Lunch and dinner in Kathmandu and Pokhara
- Any Domestic flight & Transportation (KTM-PKR-KTM 190\$ Per Person by flight) & KTM-PKR-KTM 60\$ Per Person by Tourist bus)