



Phikuri Danda Trekking - 9 days - \$500/Person

Trip Info

Trip Code: WHT/NT-01

Grade: Easy

Maximum Elevation: 4,400M.

Type: Trekking/Hiking

Activity: Hiking and Camping

Starts at: Kathmandu

Ends at: Kathmandu

Best Season: Autumn & Spring

Accommodation: Include

Meal: Breakfast, Lunch & Dinner

Offer: 15% Discount

Phikuri Danda Trekking is another one of the unfamiliar trekking trails in Nepal. Phikuri Danda Trekking Trail starts by driving to the north of Kathmandu Bhalche, Dumpang (2,000m/6,560ft) 5 to 6 hours. Most of the people of Phikuri region are Tamang, mostly rich in ancient Tamang cultures and traditions, while few people of other castes such as Brahmin, Chhetri, Blacksmiths, and Gurungs also live here. When people become sick they used to go to Jhankri (Shaman) for treatment as Hospitals are far from Village and still, they believe in a God. From Bhalche trekking trail continues walking up through beautiful natural scenarios, different floras, and faunas and reach Gongga Bhanjyang, can see an amazing scene of sunset and sunrise.

After a rest day at Gongga Bhanjyang, hike up to Singla (4,400m/14,256ft) and trek to Phikuri Danda (3,800m/12,312ft), can see the beautiful natural scenario, white snow-capped peaks such as Langtang Lirung (7,234m/23,734ft), Ganesh Himal (7,422m/24,350ft), Manasalu (8,163m/26,781ft), Goshainkunda (4,380m/14,370ft) and others more amazing views of Betrawati village, some tributaries of Trishuli river, some astonishing parts of Kathmandu Valley. Every year there will be a religious festival here at Ekadashi (eleventh lunar day (tithi) of each of the two lunar phases which occur in a Hindu calendar month). After an exciting trek to Phikuri Danda, we move down towards Manegaun. We can manage for a home-stay in Manegaun if you are interested. You can explore in Manegaun to know about the lifestyle of local people, can enjoy Tamang dancing and singing here. After collecting the exciting natural and important religious experiences from Phikuri Danda Trekking return back to Kathmandu via Betrawati.

Itinerary

Day 1 - Arrival in Kathmandu

Arrive at Tribhuvan International Airport Kathmandu (1,300m/4,264ft) and transfer to Hotel then Alliance Adventure will brief about your trip Phikuri Trekking. Overnight at Hotel

Day 2 - Drive to Balche Village

Drive from Kathmandu to Bhalche Dumpang (2,000m/6,560ft) 5 to 6 hours. During the journey you will be seeing the countryside of lifestyle in Nepal, that's offering Trishuli river, green hill, farms and beautiful sceneries. Overnight at Camp – Included Breakfast, Lunch & Dinner

Day 3 - Trek to Thulo Chaur

Trek from Bhalche village to Thulo Chaur (Thulo means big and Chaur means ground) 4 to 5 hours: The trail starts through into the jungle walk, small river, waterfall and many kinds of birds sound along the walking as seeing beautiful views and sceneries. Overnight at Camp – Included Breakfast, Lunch & Dinner

Day 4 - Trek to Gonga Bhanchyang

Trek from Thulo Chaur to Gonga Bhanchyang (3,000m/9,840ft) 4 to 5 hours: After breakfast enjoys the walking in the forest with birds sounds. Gonga Bhanchyang you will be catching spectacular views of Langtang Lirung, Dorje lakpa and Gaurisangkar whence clear the weather. It is the best place for Sunset and Sunrise in this trek. Overnight at Camp – Included Breakfast, Lunch & Dinner

Day 5 - Rest of Day in Gonga Bhanchyang and Hike to Sing La Pass

Rest of Day in Gonga Bhanchyang and Hike to Sing La Pass 5 Hours: Early morning wake-up and breakfast then, hike through into the pine, Oak, and Rhododendron forest. The trail leads the steep climb up the pass, from the pass you can see magnificent views of Langtang Region, Ganesh Himal, Lamjung Himal and Annapurna Region including Mt. Manaslu No. 8th highest mountain in the world, back to camp and rest. Overnight at Camp – Included Breakfast, Lunch & Dinner

Day 6 - Trek to Mendala

Trek from Gonga Bhanchyang to Mendala (1,995m/6,543ft) 5 hours: The trek leads through to Phikuri Danda Pass (3,800m/12,464ft) one of most amazing sceneries and magnificent views of Langtang Region, Ganesh Himal and Annapurna Region including Mt. Manaslu No. 8th highest mountain in the



www.whitehimalayastreks.com

world. The trail leads down to Mendala. Overnight at Camp – Included Breakfast, Lunch & Dinner

Day 7 - Trek to Mane Gaun

Trek from Mendala to Mane Gaun 5 hours: Today the trek leads walking down into the quite of locals villages. The village has mixed ethnic group of Tamang, Brahmin, Chhetri, and Gurungs. After camp explores the Manegaun village. Overnight at Camp – Included Breakfast, Lunch & Dinner

Day 8 - Trek to Betrawati and drive to Kathmandu

Trek from Mane Gaun to Betrawati an hour and Drive back to Kathmandu 4 hours: Today is the last day of your trekking. The trials lead to step down from Mane Gaun village to Betrawati then drive back to Kathmandu. After checking into the Hotel, Rest and enjoy the Hot shower. After this pleasant Adventure activities, we will offer you Nepali typical culture dinner and Alliance Adventure Certificate for the Nepal adventure memory of your life. Included Breakfast & Dinner

Day 9 - Depart Kathmandu

Departure to Tribhuvan International Airport. Today is last minutes shopping, packing, and Alliance Adventure take you to the airport for onward destination to your country. Included Breakfast



Cost Includes

- Arrival Pick-Up and Departure transportation.
- 2 Nights Hotel in Kathmandu with Breakfast.
- All comfortable Lodges, Breakfast, Lunch, Dinner, tea, coffee, Hot lemon, Ginger Honey, hot chocolate during the trekking.
- All camping gear like two men tent (very high quality north face or similar), kitchen, dining, toilet, mattress and necessary equipment's.
- Drive from Kathmandu to Bhalche Village and Betrawati to Kathmandu by private transportation.
- Friendly Speaking English Guide, Cook and strong helpful potters lodging and fooding, along the trek.
- Insurances for Guide and Potter during the trek.
- All government and local taxes if necessary.

Cost Excludes

- Cold drinks coke, Fanta, sprite, mine water, Phone calls, laundry, beer and bar bills on the trek.
- Tips for guide and potters.
- Mountain Sickness & Rescue Insurance.
- International flight ticket and entry Nepal visa fee.
- Optional trips and sightseeing if extend