



www.whitehimalayastreks.com

Pikey Peak Trekking - 10 days - \$270/Person

Trip Info

Trip Code: WHT/NT-05

Grade: Easy

Maximum Elevation: 4,070M.

Type: Hiking and Camping Trip

Activity: Hiking and Camping

Starts at: Kathmandu

Ends at: Kathmandu

Trip Route: Kathmandu-Pikey Danada-Phaplu-Kathmandu

Best Season: Autumn & Spring

Accommodation: Hotel

Meal: No

Offer: No offer

From Pikey peak, one can get the grand view of mountain peaks like Dhaulagiri, Everest, Makalu, Kanchenjunga, AmaDamlam, Lhotse, Nupatse, Numbur, Gaurisankhar, Langtang to the far west. Additionally, Pikey peak rewards tourists with one of the best sunrises and sunset views. It offers dense forests of Sunpati, Pine, Rhododendron whereas attraction of birds and animals like Lophophorus, Crimson Horned Pheasant, tiger, wild bear, Panda, Ghoral and so on. Similarly, Chauri Ghai, Nak, yak and cow can be found anywhere in this area. Tourists can have pleasing view at nature's unique scenes, villages and living way of Sherpa, Tamang, Chhetri, Gurung and Sunmuwar. To reach Pikey peak, bus or jeep ride from Bamtibhandar of Ramhechap district -the Okhaldhunga dhap-Khinji Phalate -Salleri of Solukhumbu district and then trek can be followed. Other alternative can be flight to Paplu airport of Solukhumbu district. The villages belonging to Likhu Pikey rural municipality include villages like Chaulakharka, Gole. Similarly, other villages of Solududhkunda municipality like Kerung, Taping, Tamakhani, Gorakhani, Salleri and Junbesi also lies at Likhu Pikey rural municipality. Likewise, other villages of Okaldunga district and Ramechhap district such as Patale, Kiji Demba and Bamtibhandar are also the part of Likhu Pikey Peak Trek.

Itinerary

Day 1 - Arrive Kathmandu

It's a panoramic thrill flying into Kathmandu on a clear day. The views of snow-capped mountain peaks sprawling down below you are almost ecstatic, beginning a whole chain of memorable experiences that stay with you for a long, long time. And as your plane hits the tarmac, our waiting support team will meet and greet you at the airport and escort you to your hotel. Welcome drinks will be served and over night at your hotel.

Day 2 - Kathmandu to Bamti Bhandar

Bamtibhandar, which is situated in the northern Part of Ramechhap district from Kathmandu, is at a distance of 235km. From Kathmandu. Bamti Bhandar is known as the settlement of Sherpa, which lies at an altitude of 2990 m above sea level. About 7/8 hours of bus/ jeep ride, one can easily reach Bamtibhandar. Nepalthok or Khurkot can be reached for lunch if one can have bus journey from early 6 am in the morning. There are 10/12 local hotels available for tourists at Bamti Bhandar. Kathmandu to Bhandar takes 7/8 hours driving and then overnight at lodge.

Day 3 - Bhandar – Namkheli

Namkheli can be reached after 7- 8 hours of walking from Bamti Bhandar, Ramechhap district. It takes about 2-3 hours to reach Thadakhola for Lunch after taking the Break Fast from the Bamti Bhandar. Next after crossing Likhukhola situated at the border of Solukhumbu and Ramechhap, (border of province 1 & 3) following Chaulakharka–Lelepu, Namkheli can be reached after 3 hours of hike. we can see very nice view of Numbur Himal from this route. Bhandar to Namkheli 7/8 hours walking and then overnight at lodge.

Day 4 - Namkheli – Golla

It takes around 3-4 hours to reach Golla (2900 m) from Namkheli. Golla is considered to be Sherpa language which is called as Gumba dada in Nepali. There are 2/3 hotels at Golla for tourists. Travelers can stay and have lunch and visit 3 Gompas at Golla named as Orgen Sanang Chholing Gomp, Pema Dechhen Choling Gompa and Guru Padhma Sambhav Gompa. Gwale caste of Sherpa are the inhabitants of Golla. Namkheli to Golla takes 7/8 hours walking and then overnight at lodge.

Day 5 - Day 05: Golla – Pikey Base Camp

We walk in the jungle. If you come in the spring you will see a lot of Rhododendron flowers. You have the chance to see many wild birds and animals. You can see a great view of many snow-capped

mountains. Three hours trek after early morning breakfast from Golla following Lamomane-Dallemane-Muktumje through the dense forest will lead to Naur dada which consists of 4/5 hotels. During the trek one can observe beautiful villages of Koshinasha, Golla and Gupchuka. After having lunch from Naaur dada 2-3 hours of uphill trek will lead to reach Pikey Basecamp which is situated at an elevation of 3600m and have accommodation facility of 2/3 hotels.

Day 6 - Pikey Base Camp – Pikey Peak – Junbesi

We get up early in the morning with warm clothes and climb up Pikey Peak (4070m.). It is about one hour walking to get to Pikey Peak. You will see the best sunrise and magnificent view of the Himalayas like Dhaulagiri, Everest, Makalu, Kanchenjunga, AmaDamlam, Lhotse, Nupatse, Numbur, Gaurisankhar, Langtang to the far west and others mountains. After this unforgettable view, We will see all the mountains from here as well. After that, we hike down to Jarsabhanjyang for breakfast. Then start trek towards Junbesi. We can be reached Taktor (Lunch Place) after 2/3 hrs hiking from Jarsabhanjyang. After taking lunch we can be reached 2/3 hrs Junbesi from Taktor. Junbesi is considered to be Sherpa's most beautiful villages, which lies at the height of 2990m. above sea level. There are 1 ancient Buddhist Monastery. It was the Point old famous route of Everest Trekking Route. There are 8-10 well facilitated hotels operated by local Sherpas. Pikey base Camp to Junbesi takes 7/8 hours hiking and then overnight at lodge.

Day 7 - Junbesi – Thupten Chholing - Junbesi

Thupten Chholing is a celibate Buddhist monastery located in the high and remote mountains of Nepal. Founded by His Holiness Thrulshik Rinpoche in the 1960's after fleeing Tibet, it is an independent and autonomous institution. Consequently, Thupten Chholing has been able to remain authentically traditional, and hidden from the outside world. Due to its remoteness and increasing population, the 700 resident monks and nuns live with dwindling resources, no public health facilities, and have little chance of sustaining themselves in the long run unless their limited resources are managed wisely. After breakfast, we will take a hike of the Thupten Chholing Monastery 2800m. Explore the monastery and meditate with nuns. Rest of the day is to on your own to explore. Today, we will hike about 4/5 hours, we will have lunch at Thupten Chholing Monastery. Overnight in Junbesi at Lodge.

Day 8 - Junbesi – Chiwang-Phaplu

After the morning breakfast, trek for 3 hours to reach Chiwong monastery. Chiwong monastery is situated at an altitude of 9,000 feet on the cliff of Chiwong hill about 3 hours walking distance from Phaplu airport also, Solu Khumbu district. At one time Chiwong Monastery echoed with the prayers and scholastic activities of many monks and nuns who resided here. Chiwong Monastery has the privilege to host the Dza-Rong-Phuk Sangey Ngawang Tenzing Jangpo from 1955-1958. His Holiness Thrulshik Rinpoche has lived in this monastery from 1960-1967. Chiwong monastery Celebrates Mani Rimdu festival full moon of October every year. The Mani Rimdu Festival is a colorful occasion that takes place in the most spectacular of settings in the foothills of the Himalayas. Performed by the monks of Chiwong



www.whitehimalayastreks.com

monasteries, it depicts the victory of Buddhism over the ancient 'Bon' religion. Phaplu is situated at an altitude of 2400m. There is airport, hospital and nurse. There are 8/10 hotels for tourists. It is also possible to sightsee a round Salleri Bazar, headquarter of Solukhumbu district after eating lunch at Phaplu. Junbesi to Phaplu takes 5/6 hours hiking and then overnight at lodge.

Day 9 - Phaplu – Kathmandu

After the morning breakfast at Phaplu, Kathmandu can be reached through 8 hours car/ jeep ride or 40 minutes of flight.

Day 10 - Depart Kathmandu

It was a great adventure with you in the mountains. Hope you had an experience of a lifetime. One of the representatives from your Organizing Team will drop you at the airport about 3 hours before your flight. We hope to see you again. Have a safe flight back home.



White Himalayas Treks & Expedition (P.) Ltd.

Kageshwori Manohara-5, Thali, Kathmandu, Nepal

www.whitehimalayastreks.com

Cost Includes

- Trekking Guide fee
- Food Lunch & Hotel of Trekking Guide
- Insurance of Trekking Guide

Cost Excludes

- All foods & hotels on Trek
- Your Insurance
- Your Transportation(Bus & Flight)
- Porter fee (If you need Porter you need to pay 35\$ Per day)